

West Midlands Adult CF Centre

CF Dietitian Only Clinics

Do you feel you would benefit with more time to speak to a CF dietitian 1:1 outside of your regular clinic appointments?

We now have dietitian only clinic held virtually (via video) every Monday morning!

WE CAN SUPPORT YOU WITH:

- Bowel concerns / Enzymes
- Support with weight loss & regular check ins
- Help with gaining weight
- Diet and Diabetes
- Bone Health
- Salt and hydration
- Cholesterol advice
- General eating / nutrition advice
- Exercise and nutrition

CONTACT US ON :

07794375776 via text or call

Chat to us in clinic

Email: [cysticfibrosisdietitians](mailto:cysticfibrosisdietitians@uhb.nhs.uk)

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