2024

West Midlands Adult Cystic Fibrosis Centre

Conversion Chart for dosing Creon 10 000 and Nutrizym 22

Creon 25 000 Number of Capsules taken per meal or snack	Creon 10 000 Number of Capsules taken per meal or snack	Nutrizym 22 Number of Capsules taken per meal or snack
1	2-3	1
2	5	2-3
3	7-8	3-4
4	10	4-5
5	12-13	5-6
6	15	7-8
7	17-18	9-10
8	20	10-11

Please note this conversion for dosing is for guidance only. If you experience any symptoms of malabsorption for example fatty/oily stools, abdominal pain, bloating or changes in your bowel habit you are concerned about, please contact your CF dietitian or a member of the CF team for further advice