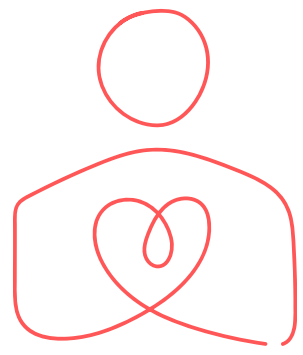
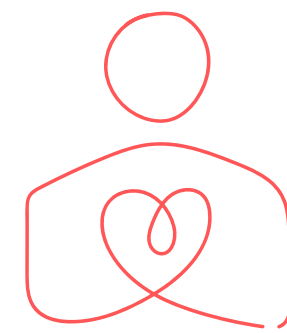




A New Way to Check Lung Health at the West Midlands Adult CF Centre



From 1st December 2025

What is changing?

- The way we calculate your percent predicted FEV₁ (ppFEV₁) — a key number that helps us understand your lung health — is getting an update
- We're switching to a fairer method called GLI-Global, which no longer uses "race" as a factor

Why the change?

- **The old way was not fair:** It used ideas about race that aren't scientifically right or fair
- **Hard to decide which race:** Many people didn't fit neatly into a race category or box, which could lead to mistakes
- **Fairer for Everyone:** The new GLI-Global method treats everyone the same, no matter where they or their family are from

What does this mean for YOU?

Your lungs are exactly the same

Only the way we work out your ppFEV₁ number has changed

Important to know:

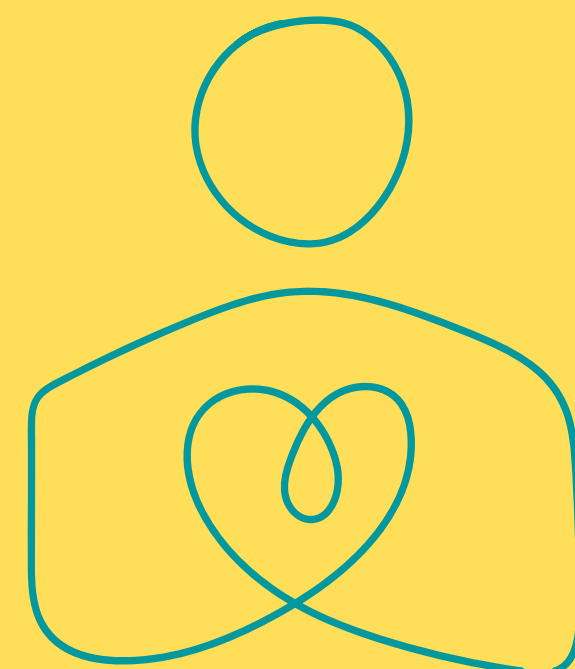
The new number might be different from before:

- If you were called "Caucasian" before, your ppFEV₁ might go up a little
- If you were called "Asian" or "African" before, your ppFEV₁ might go down a little
- If you were called "Other" before, your ppFEV₁ will probably stay about the same

What this means for your care:

Your care: Your CF team know all about this and will continue to give you the best care

Talk to Us! If you want to know more, you can ask your CF team next time you visit the clinic or give us a call



For any additional information please email Catherine Brown (CF Specialist Physiotherapist)
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