

The social work service in the Cystic Fibrosis Centre is here to help with many everyday concerns and issues that may affect you when you are living with CF.

At times when you feel that you may need extra support, the social work services can help to make life a bit easier for you.

You can get information about the social resources that may be relevant to you and ask for advice about how you can gain access to these.



Social Work Service
West Midlands Adult CF Centre
Ward 26
Birmingham Heartlands Hospital
Bordesley Green East
Birmingham
B9 5SS

Contact Details

Phone: 0121-424-2530 (direct line)
or 0121-424-2000 Bleep 2857

Fax: 0121-424-1661

**Please leave a message and
your call will be returned as
soon as possible.**

If you have any queries or
would like to find out more
please do not hesitate to
get in touch with us.



Social Work Service Cystic Fibrosis Centre



**Heartlands Hospital
Birmingham**



Social Issues

People with CF have to deal with many social issues in everyday life:

Benefits – claiming benefits such as Disability Living Allowance.

Education – applying for student grants or benefits.

Employment – looking for that first job, thinking about changing jobs or reducing hours of work.

Housing – understanding the options when you want to move into your own place and help with applications.

Transport – finding out about the DLA Motability car scheme and vehicle tax exemption or about grants for driving lessons; the Blue Badge scheme, travel pass concessions or help with hospital travel & parking expenses.

Holidays – being aware of any grants that may be available and seeking information about travel insurance.

Home Care – getting help at home if you have difficulty managing with your personal care or if your main carer is needing more support.

Social Work Role

Social workers get involved in enabling people to deal with personal and social difficulties, advising them about social resources and helping them to gain access to essential services.

The cystic fibrosis social work service is funded by the CF team specifically to help adults with CF, their families and carers, to provide information and advice and also to offer them practical help and/or emotional support, as required.

In Transition?

When you move to the adult clinic, you will be able to ask for social work advice about a variety of issues that are relevant to young people – for example:

- ① **Further & higher education**
 - Educational grants
 - Disabled Students Allowance
- ① **Prescriptions charges** - rules about qualifying for help with these, when you leave school or college.

To Get Referred

- ① You can contact the social worker directly, using the information at the back of the leaflet or through any member of the CF team.
- ① You can also ask to be seen when you attend the CF clinic or if you get admitted to Ward 26.

Confidentiality

Social workers work as a part of the multidisciplinary team but anything you tell them remains confidential unless there are concerns about risk and the need to protect someone from harm.

The CF Team

We aim to provide quality care, to help promote your health and wellbeing. We wish to work with you in an open and harmonious atmosphere that is considerate to all. We welcome your comments about our service, to help us with our continuing development.