

Faecal Steatocrit and Split Fats Test

What is a faecal steatocrit and split fats test ?

This is a test that indicates how much fat there is in your stools.

Why is the test needed ?

The test can show if you are taking enough pancreatic enzymes with your foods and if these are working adequately for you. It can also tell us if you are able to absorb partly digested fats or split fats. This is fat that has already been broken down by pancreatic enzymes.

How is the test carried out ?

You will need to provide a small (cherry size) sample of stool .

What will the test result show ?

The result will tell us if there is fat in your stools and if the amount is significant or not. It will also tell us if there is any split fat in your stools and if the amount of this is significant or not.

If there is a lot of fat in your stools, your pancreatic enzymes may need to be increased or you may be started on medication to reduce the amount of acid you produce in your stomach (this can help you enzymes work more effectively).

If the amount of split fat in your stool is high then this means your enzymes are working effectively, but you are not absorbing the split or broken down fats. In this case your pancreatic enzyme dose does not need to be increased and we may investigate your digestive problems further.

Contact us:

If you have any questions or concerns regarding this information, please contact one of our CF Dieticians:- on 0121 424 1796 (direct line with answer phone) or 0121 424 2000 Bleep 2425 or email:

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Please use this space below to write down any questions you may like to ask :